

THE CATHOLIC RESOURCE GUIDE

For Spiritual Leaders

By **Katie Warner** of CatholicKatie.com



Isn't it amazing to think that not too many years ago, we were searching through card catalogs at brick-and-mortar libraries for information? If I dig deep into my six-year-old self's memories, I can still smell the dusty, tiny little drawers filled with handwritten or typewriter-etched notecards, now replaced by the more 21st century compatible OPAC (online public access catalog) or the even more accessible...Internet. Today, we don't have to travel any farther than our living room desk to have access to oceans of information.

A lot can and has been said about the dangers and ills of our modern one click-of-a-button instant access to any written, visual, or audio resource we could ever (or never) really need. But there are many worthy things that can come from the ease of access we now have, in our information age, to resources that can truly aid us and our families in becoming more intentional about living life well.

In my book, ***Head & Heart: Becoming Spiritual Leaders for Your Family***, foreword by Bishop James Conley (Emmaus Road Publishing, Fall 2015), I uncover 12 characteristics for strong spiritual leadership in the home, and provide practical tools to help you better lead and love your family toward heaven, while discovering a family life filled with intentionality, joy, and meaning.

CATEGORIES

Catholic News, Magazines, and Editorials
 Bible, Catechism, and Church Documents
 Church Fathers
 Apologetics
 Evangelization
 Faith & Reason, Science, and Atheism
 Theology, Catechesis, and Faith Formation
 Conversion
 Bible Study/Scripture Commentary
 Jesus
 Catholicism
 Spirituality: Classics*
 History and Culture
 Virtue, Social Teaching, and Ethics
 Your Domestic Church & Living the Liturgical Year
 Spirituality: Modern Authors*
 Faith at Work*
 Youth and Young Adult
 Love and Marriage, Defense of Marriage
 Divorce and Annulment
 Family and Parenting
 Sexuality, Chastity, and NFP
 For Women/Moms
 For Men/Dads
 Mary and the Saints
 Liturgy and Sacraments (Eucharist, Confession, and Priesthood)
 Pro-Life
 Prayer, Discernment, and Peace
 Suffering

*Most categories have online, print, and other resource recommendations ("other" recommendations are often multimedia resources), but these categories only offer print/book recommendations.

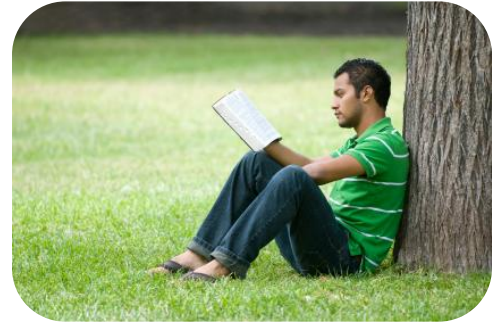
“Only God knows the good that can come about by reading one good Catholic book.”-St. John Bosco

Through mind-opening and heart-tugging interviews with well-known Catholic leaders and authors like Patrick Lencioni, Mark Hart, Lisa Hendey, and others, as well as lesser known but heroic everyday Catholic family men and women, I write from the point of view of a young wife and mother learning the ropes myself, guided by the wisdom of Scripture, the teaching of the Church, and example couples who are prioritizing faith and spiritual leadership in family life.

I wrote *Head & Heart* as a resource for all Catholic individuals and couples desiring to learn how to live out their Catholic faith in the home and find direction amidst the chaos and commitments of everyday family life. What I couldn't do in the book was include an extensive listing of many

of the resources that I use regularly to help me in that endeavor to become a stronger spiritual “heart” of my family and a better woman, wife, mother, and Catholic in general. So I created this resource guide as a handy supplement, for both men and women.

After working in ministry for more than ten years, studying Catholic theology in graduate school, and writing and speaking as a part-time profession in the midst of full-time, stay-at-home parenting, I am often inundated with requests for Catholic resources. I've spent years collaborating with the best Catholic organizations and ministries, amassing a collection of classic and modern Catholic literature, and visiting informative and helpful Catholic websites...and I love sharing what I find with others.



“Spiritual leadership isn't something you 'fit in' between all of the other responsibilities and roles that you have in your life. It is THE thing, THE activity, THE role.”

-Head & Heart



You can't give what you don't have. Learn the faith, so you can share it with others.

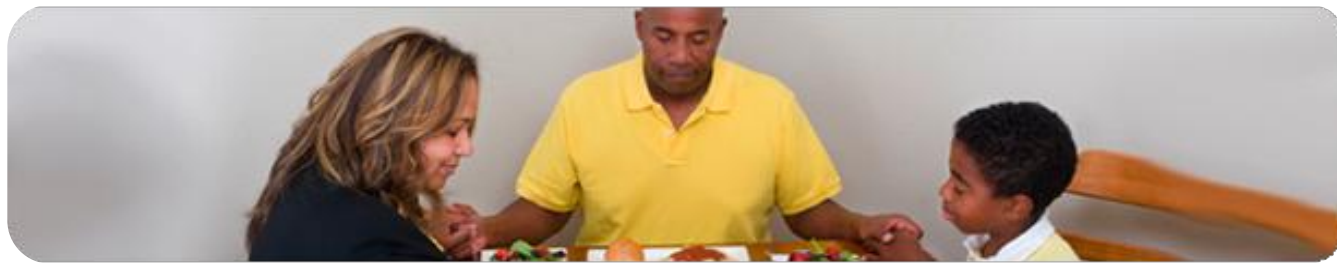
I'm frequently asked questions like:

What websites should I visit to learn more about the Catholic faith?

What books would you recommend for _____ (strengthening my marriage, helping me become a better apologist/evangelist, learning about Church history, cultivating a stronger prayer life, raising my kids Catholic, integrating my faith and work life)?

Which Bible translation and Catechism do you use?

Which DVDs, CDs, or MP3s should I get for myself, a spouse, a relative, or a friend struggling to understand _____ (chastity or the Church's teaching on birth control, Scripture, suffering, the relationship between faith and science) better?



“Consider yourself right now to be a spiritual leader, and then live out that role more intentionally.” -Head & Heart

If you are like me, you are always on the hunt for solid resources, so I’d like to guide you toward some of my favorite ones, my go-to *Catholic* resources for those aspiring to be stronger spiritual leaders primarily in family life, but also in the workplace, in your parish community, among your friends, within your extended family and even in your social media network. Knowing where to turn for faith-based information and formation that you can trust is half the battle. Learning and allowing yourself to conform to the knowledge you find is the other exciting challenge.

One of the hallmarks of strong spiritual leadership is the ability to be a continuous student and teacher of the Catholic faith. So to help you accomplish your leadership goals in the area of continuing faith education, I compiled this helpful resource guide for Catholics who can benefit from these website, book, audio and video recommendations regardless of how “advanced” you may consider yourself on your spiritual journey.

Thankfully, today there is a wealth of well-written, well-spoken, and well-crafted tools for Catholic seekers, and as a result, if you have been into a Catholic bookstore or online Catholic shop lately, you might not even know where to start! In this *Catholic Resource Guide for Spiritual Leaders*, I have tried to dwindle these resources down to just a few recommendations per category. I limited myself to no more than five Internet resources, five books, and five “other” resources per subject or sub-

category, which was expectedly challenging to do, but will hopefully prove to be more helpful. I also included links whenever possible, but please keep in mind that the ever-changing Internet may at some point render the links obsolete, which is also why I included as much info (title, authors, etc.) about each item as I could so that you can still find the resource should that occur. I highly recommend you purchase the books listed (subtitles not included for the sake of space) from your local Catholic bookstore or from the Catholic publisher online. Finally, in every subject category, the best resources you can turn to first are Holy Scripture and the *Catechism of the Catholic Church*.

Please enjoy this resource guide. I sincerely hope you find it helpful, and I would be grateful if you would share it with others, too. Finally, please stay tuned for the release of my book, *Head & Heart*. I am enthusiastic to see how the Holy Spirit may use this book to transform men, women, couples, and families...and consequently, in some small but meaningful way, our beautiful Catholic Church!

Peace of Christ,

Katie Warner

CatholicKatie.com

Author of *Head & Heart: Becoming Spiritual Leaders for Your Family*

(Continued)

THE RESOURCE LIST**Catholic News, Magazines, and Editorials**Online

National Catholic Register
Integrated Catholic Life
Catholic Education Resource Center
Catholic Online
Crisis Magazine

Print

National Catholic Register
Our Sunday Visitor
Catholic Answers Magazine

Other

EWTN News Nightly
Son Rise Morning Show
The World Over
The Catholic Connection

Bible, Catechism, Church DocumentsOnline

EWTN Bible Online
Catechism Online: St. Charles
Borromeo Catholic Parish
Vatican Web site
USCCB

Print

The Ignatius Bible: Revised Standard
Version –Second Catholic Edition
Ignatius Catholic Study Bible
Catechism of the Catholic Church
Compendium: Catechism of the
Catholic Church

Other

Gospels in a Year

Church FathersOnline

New Advent: The Fathers of the
Church (Compiled Writings)
Catholic Culture's Searchable
Fathers of the Church (by author
or chronology)

Print

The Fathers Know Best by Jimmy
Akin
A Year with the Church Fathers by
Mike Aquilina
Faith of Our Fathers by Mike
Aquilina
Early Christian Writings by Andrew
Louth

Other

Footprints of God: Apostolic
Church Fathers

ApologeticsOnline

Catholic Answers
New Advent's Catholic
Encyclopedia
Catholics Come Home Q&A
Bible Christian Society

Print

Beginning Apologetics series
The Essential Catholic Survival
Guide
The Seven Deadly Sins of
Apologetics
Catholicism and Fundamentalism
The Protestant's Dilemma

Other

Catholic Answers Live podcast
Catholic Apologetics Academy
Catholic Verse Finder ("Bible
Cheat Sheet")

EvangelizationOnline

Catholics Come Home
FOCUS Equip
Dynamic Catholic
Word on Fire Ministries
Evangelii Nuntiandi by Pope Paul VI

Print

Catholics Come Home by T. Peterson
How to Share your Faith with Anyone
by Terry Barber
Joyful Witness by Randy Hain
How to Defend Your Faith Without
Raising Your Voice by A. Ivereigh
Search and Rescue by Patrick Madrid

Other

Real Life Catholic Videos
St. Paul Street Evangelization
Catholics Come Home evangomercials
CCH Evangelization Q&A Videos
Catholicism DVD Series

Faith & Reason, Science, AtheismOnline

Strange Notions
Magis Center
Why Believe in God?: Magis Wiki
Fides et Ratio by Pope Saint JP II

Print

New Proofs for the Existence of God
by Fr. Robert Spitzer
Evidence for God from Contemporary
Physics and Philosophy by Fr.
Spitzer
Answering Atheism by Trent Horn
The Godless Delusion by Patrick
Madrid and Kenneth Hensley
The Evidence of Power and Beauty by
Thomas Dubay

Other

Cosmic Origins
Science, God and Creation by Fr.
Robert Spitzer
Answering Atheism by K. Hensley
Answering Atheism by Trent Horn
God: Supreme Being or Imaginary
Friend?

THE RESOURCE LIST (cont.)**Theology, Catechesis, & Faith Formation**Online

The Radical Life
 Real Life Catholic
 Augustine Institute Ad Gentes
 Catholic Spiritual Direction
 The Practicing Catholic

Print

Catholic Christianity by Peter Kreeft
 Catholicism Pure and Simple by Fr. Dwight Longenecker
 Mere Christianity by C.S. Lewis
 Theology for Beginners by Frank Sheed
 Theology and Sanity by Frank Sheed

Other

Symbolon
 New St. Thomas Institute
 Formed

ConversionOnline

The Coming Home Network
 One Billion Stories

Print

Rome Sweet Home by Scott and Kimberly Hahn
 Something Other Than God by Jennifer Fulwiler
 Surprised by Truth Series by Patrick Madrid
 Crossing the Tiber by Steve Ray
 I'm Not Being Fed by Jeff Cavins

Other

Catholics Come Home TV Series
 Conversion by Fr. Robert Barron
 Following the Call of Christ: Biblical Stories of Conversion by Fr. Robert Barron

Bible Study/Scripture CommentaryOnline

St. Paul Center for Biblical Theology Online Bible Study Courses (Free!)
 Catholic Scripture Study International

Books

Walking with God by Jeff Cavins and Tim Gray
 Catholic Commentary on Sacred Scripture by various authors
 The Catholic Bible Dictionary by Scott Hahn
 The Bible Compass by Edward Sri
 Praying Scripture for a Change by Tim Gray

Other

The Great Adventure Bible Study
 Word on Fire Sermon Podcast
 Word on Fire YouTube channel
 Verbum Bible Software

JesusOnline

Redemptoris Missio by Pope Saint John Paul II
 Why Believe in Jesus? Magis Wiki
 Jesus Menu-EWTN
 Jesus Christ page-Catholic Online

Print

Life of Christ by Fulton Sheen
 To Know Jesus Christ by F. Sheen
 Philosophy of Jesus by Peter Kreeft
 Jesus of Nazareth trilogy by Pope Benedict XVI
 'You Did it to Me' by Fr. Michael Gaitley

Other

Fan or Follower? by Jeff Cavins
 Who Do You Say That I Am? By Fr. Robert Barron
 Jesus of Nazareth
 The Passion of the Christ
 Discovering Christ

CatholicismOnline

Catholic Answers
 Catholics Come Home
 About: Catholicism
 Crux: Covering All Things Catholic by John Allen Jr.
 Lumen Gentium by Pope Paul VI

Print

Orthodoxy by GK Chesterton
 On Being Catholic by Thomas Howard
 Yours is the Church by Mike Aquilina
 Why Be Catholic by Patrick Madrid
 Catholicism Pure and Simple by Fr. Dwight Longenecker

Other

Why Be Catholic by Patrick Madrid
 Seven Reasons to Be Catholic by Dr. Peter Kreeft
 Finding the Fullness of the Faith by Steve Ray
 Catholicism by Word on Fire
 Symbolon

Spirituality: ClassicsPrint

The Interior Castle by St. Teresa of Avila
 The Dialogue of St. Catherine of Siena by St. Catherine of Siena
 Dark Night of the Soul by St. John of the Cross
 An Introduction to the Devout Life by St. Francis de Sales
 Abandonment to Divine Providence by Jean-Pierre de Caussade

THE RESOURCE LIST (cont.)**History and Culture**Online

Decent Films
 Grace Before Meals
 The Catholic Table
 Curricula: Church History
 Gaudium et Spes

Print

How the Catholic Church Built
 Western Civilization by T. Woods
 The Compact History of the Catholic
 Church by Alan Shreck
 The American Catholic Almanac by
 Brian Burch and Emily Stimpson
 Leisure, the Basis of Culture by Josef
 Pieper
 Seeds of the Word: Finding God in
 the Culture by Fr. Robert Barron

Other

Epic: A Journey Through Church
 History
 Winning the Culture War
 Reaching Out to Today's Culture
 Catholic Answers Focus

Virtue, Social Teaching, EthicsOnline

Good Confession: Virtues
 The Art of Living by Dr. Edward Sri
 Caritas in Veritate by Benedict XVI
 USCCB: Catholic Social Teaching
 National Catholic Bioethics Center

Print

Back to Virtue by Dr. Peter Kreeft
 The Virtues by Pope Benedict XVI
 The Saints and Social Justice by
 Brandon Vogt
 Reclaiming Catholic Social Teaching
 by Anthony Esolen
 The Sources of Christian Ethics by
 Servais Pinckaers

Other

Seven Deadly Sins, Seven Lively
 Virtues by Fr. Robert Barron
 VirtueYOU program by Stillpoint
 Family Resources

**Your Domestic Church & Living
the Liturgical Year**Online

Catholic All Year
 Catholic Icing
 Catholic Culture
 Equipping Catholic Families
 Shower of Roses

Print (Domestic Church &
Liturgical Year General)

The Little Oratory by David
 Clayton and Leila Lawler
 The Domestic Church Room by
 Room: A Study Guide for
 Mothers by Donna-Marie Cooper
 O'Boyle
 Feast! Real Food, Reflections, and
 Simple Living for the Christian
 Year by Daniel and Haley Stewart

Print (Liturgical Year: Specific
Seasons)

40 Days 40 Ways by Marcellino
 D'Ambrosio
 Characters of the Passion by
 Archbishop Fulton Sheen
 The Advent of Christ: Scripture
 Reflections to Prepare for
 Christmas by Dr. Edward Sri
 Joy to the World: How Christ's
 Coming Changed Everything
 (And Still Does) by Scott Hahn

Other

Keep Holy the Sabbath by Dr. Tim
 Gray
 My Beloved Son: Meditations for
 Lent by Fr. Robert Barron
 The True Meaning of Easter by
 Archbishop Fulton Sheen
 Prepare the Way of the King by Dr.
 Scott Hahn
 The True Meaning of Christmas by
 Archbishop Fulton Sheen

Spirituality: Modern AuthorsPrint

Fulfillment of All Desire by Ralph
 Martin
 Searching for and Maintaining Peace
 by Fr. Jacques Philippe
 Deep Conversion Deep Prayer by
 Thomas Dubay
 Navigating the Interior Life by Dan
 Burke
 Consoling the Heart of Jesus by Fr.
 Michael Gaitley

Faith at WorkPrint

The Catholic Briefcase
 Faith at Work: Finding Purpose
 Beyond the Paycheck by K. Lowry
 Off Balance: Getting Beyond the
 Work-Life Balance Myth to
 Personal and Professional
 Satisfaction by Matthew Kelly

Youth and Young AdultOnline

Real Life Catholic
 Life Teen
 Fellowship of Catholic University
 Students
 Young Catholic Professionals
 Chastity Project

Print

Letters to a Young Catholic by
 George Weigel
 Made for More by Curtis Martin
 The Rhythm of Life by M. Kelly
 Absolut Relativism by Chris
 Stefanick
 Blessed Are the Bored In Spirit by
 Mark Hart

Other

YDisciple
 Becoming the Best Version of
 Yourself by Matthew Kelly
 Contemporary Sainthood by M.
 Hart
 God of My Past, God of My Future
 by Mark Hart and Matt Smith
 How to Date Your Soul Mate by
 Jason Evert

THE RESOURCE LIST (cont.)**Love and Marriage, Defense of Marriage**Online

Exceptional Marriages
USCCB For Your Marriage
Ruth Institute
Retrovaille
Hallie Lord

Print

The Exceptional Seven Percent by Dr. Gregory Popcak
When Divorce is Not an Option by Dr. Gregory Popcak
Three to Get Married by Fulton Sheen
Getting the Marriage Conversation Right by William May
What is Marriage? Man and Woman: A Defense by Sherif Girgis, Ryan Anderson, and Robert George

Other

Beloved (Symbolon DVD series)
Men, Women, and the Mystery of Love by Dr. Edward Sri
Marriage and Family: Love Unveiled by Dr. Scott Hahn
Pastoral Solutions Institute

Divorce and AnnulmentOnline

Divorced Catholic
Catholics Divorce

Print

Divorced. Catholic. Now What? By Lisa Duffy and Vince Frese
The Catholic's Divorce Survival Guide by Rose Sweet
Annulments and the Catholic Church by Edward Peters
Annulments by Jimmy Akin

Other

101 Quick Questions with Catholic Answers: Marriage, Divorce, and Annulment by Jim Blackburn
The Catholic's Divorce Survival Guide by Rose Sweet

Family and ParentingOnline

Faith on the Couch blog by Dr. Greg Popcak
Intentional Catholic Parenting
Familiaris Consortio by Pope JPII
Love is Our Mission: The Family Fully Alive by Archbishop Chaput

Print

Parenting with Grace by Gregory Popcak
The Three Big Questions for Frantic Family by Patrick Lencioni
Catholic Family Fun by Sarah Reinhard
Big Hearted by Theresa Thomas and Patti Maguire Armstrong

Other

More2Life Radio
The Catholics Next Door Podcast

Sexuality, Chastity, & NFPOnline

USCCB NFP Site Map
Chastity Project
The Porn Effect
Humanae Vitae by Pope Paul VI
Love & Responsibility by St. Pope John Paul II

Print

Holy Sex by Gregory Popcak
The Sinners Guide to Natural Family Planning by Simcha Fisher
Delivered by Matt Fradd
Sex Au Natural by Patrick Coffin

Other

Spice Up Your Marriage: A 28-Day Adventure
Contraception: Why Not? by Janet Smith
Green Sex: The Case for Natural Family Planning by Jason Evert
Detox by Jason Evert

For Women/MomsOnline

Women in the New Evangelization (WINE)
Blessed is She
CatholicMom.com
Women of Grace
Great blogs for Women & Moms

Print

The Handbook for Catholic Moms by Lisa Hendey
Momnipotent by Danielle Bean
Catholic Prayer Book for Mothers by Donna-Marie Cooper O'Boyle
Created to Relate by Kelly Wahlquist
Courageous Women by Stacy Mitch

Other

Verily
Endow
Fountains of Carrots Podcast
The Edel Gathering
The Catholic View for Women

For Men/DadsOnline

Fathers for Good
The Catholic Gentleman
Knights of Columbus

Print

Journey to Heaven by Randy Hain
Christian Fatherhood by Steve Wood
Be a Man! By Fr. Larry Richards
Boys to Men by Curtis Martin and Dr. Tim Gray
The Joys & Challenges of Family Life by Brandon McGinley

Other

The Man Talk by Matt Fradd
Crossing the Goal
That Man is You

THE RESOURCE LIST (cont.)**Mary and the Saints**Online

Catholic Online Saint Index
 Marian Teachings from EWTN:
 Apologetics, Devotions, and
 Excerpts from Church Documents
 The Mary Page from UDayton
 Saints and Biographies Index

Print (from modern authors about the saints)

The World's First Love: Mary,
 Mother of God by Fulton Sheen
 33 Days to Morning Glory
 Illustrated Lives of the Saints
 Voices of the Saints: A 365-Day
 Journey with Our Spiritual
 Companions
 Angels and Saints: A Biblical Guide
 to Friendship with God's Holy
 Ones by Dr. Scott Hahn

Print (from the saints themselves)

True Devotion to Mary by St. Louis
 de Montfort
 The Confessions of St. Augustine
 The Diary of Saint Maria Faustina
 Kowalska
 The Story of a Soul by St. Therese of
 Lisieux
 The Life of St. Francis by St.
 Bonaventure

Other

Mary: A Biblical Walk with the
 Blessed Mother by Dr. Edward Sri
 Praying the Rosary Like Never
 Before by Edward Sri
 The Gospel Truth About Mary by
 Tim Staples
 Mary of Nazareth
 Footprints of God: Peter and Paul

Liturgy and SacramentsOnline

Real Presence Association
 Ecclesia de Eucharistia by Saint
 Pope John Paul II
 Sacrosanctum Concilium by Pope
 Paul VI
 Good Confession
 Vocations

Print

Sacraments in Scripture by Dr. Tim
 Gray and Dr. Scott Hahn
 Jesus Shock by Peter Kreeft
 The Lamb's Supper by Scott Hahn
 Lord, Have Mercy by Scott Hahn
 The Priest is Not His Own by
 Fulton Sheen

Other

A Biblical Walk Through the Mass
 by Edward Sri
 Heroic Priesthood
 The Mass Explained by Fr. Larry
 Richards
 The Sacrament of Penance by Fr.
 William Casey
 The Joy of the Priesthood by Dr.
 Scott Hahn

Pro-LifeOnline

VirtueMedia
 One More Soul
 Priests for Life
 Healing the Culture
 Humanae Vitae by Pope Paul VI

Print

Persuasive Pro-life by Trent Horn
 Adam and Eve After the Pill by
 Mary Eberstadt
 Unplanned by Abby Johnson
 Pro-Life Answers to Pro-Choice
 Arguments by Randy Alcorn

Other

Population Research Institute
 Making the Case for Life, Horn
 A Voice for the Unborn, Lila Rose
 Contraception: Why Not? by Smith
 Pope Paul VI Institute

Prayer, Discernment, and PeaceOnline

Catholic Spiritual Direction
 Pray More Novenas
 EWTN Prayers and Devotions Index
 Letter...on Some Aspects of Christian
 Meditation by the CDF
 A Primer on Peace by Msgr. Swetland

Print

Christian Prayer: Liturgy of the Hours
 Prayer for Beginners by Peter Kreeft
 Searching for and Maintaining Peace by
 Fr. Jacques Philippe
 Consoling the Heart of Jesus by Fr.
 Michael Gaitley
 What Does God Want? by Fr. Michael
 Scanlan

Other

What Every Couple Should Know
 about Marriage and Prayer by
 Archbishop Fulton Sheen
 Pray Like a Saint by M. Leonard
 Discerning God's Will, Fr. Richards
 Deep Conversion, Deep Prayer by Fr.
 Thomas Dubay
 Laudate App

SufferingOnline

Salvifici Dolores by Pope Saint JP II
 What is God's Answer to Human
 Suffering by Peter Kreeft
 A Pope's Answer to the Problem of
 Pain by Christopher Kaczor

Print

Making Sense Out of Suffering by
 Peter Kreeft
 The Problem of Pain by C.S. Lewis
 Amazing Grace for Those Who Suffer
 by Jeff Cavins and Matthew Pinto
 John Paul II and the Meaning of
 Suffering by Robert Shroeder
 Love is Stronger than Death by Kreeft

Other

Love Hurts: The Truth Behind
 Redemptive Suffering by M. Leonard
 15 Things to Do in the Midst of
 Suffering by Jeff Cavins
 The Spirituality of Pain by Fr. Robert
 Barron

Excellence is a habit, not an act. -Aristotle

If you have enjoyed this resource guide, please let others know about it. Anyone can easily access this free guide at CatholicKatie.com. If you are looking for resource recommendations in a category I haven't mentioned here, feel free to contact me through my website and request resources on a certain subject. Your resource request may end up being featured on the site or on one of my social media outlets. Thank you for understanding that, though I wish I could, I am unable to answer all requests for recommendations, but I try and do for some what I wish I could do for all.

If you are author, distributor, or promoter of a resource *not* mentioned on this list, I encourage you to promote it by tagging me [@CatholicKatie on Twitter](#) or by sharing it with my followers on my Facebook page.

If you want to keep receiving helpful resources, tips, tools and strategies for making small steps toward a more intentional personal and family spiritual life, make sure to follow me on Facebook and Twitter. If you are interested, you can also read other articles and features I have written at the National Catholic Register or the Integrated Catholic Life.



What have you done to become a stronger spiritual leader today?

The Catholic Resource Guide for Spiritual Leaders is a product of CatholicKatie.com and cannot be widely distributed without permission of the author. ©Katie Warner. All rights reserved.

KATIE WARNER



CatholicKatie.com

About the Author

I'm a wife, stay-at-home mother, author, speaker, and evangelist, who helps inspire and practically guide others to take small but transformative steps to grow in holiness in their personal and family lives. I am a correspondent for the National Catholic Register, a writer for the Integrated Catholic Life, and a presenter for the Augustine Institute's acclaimed Symbolon and Opening the Word faith formation programs. I work part-time for the media apostolate, Catholics Come Home, which produces high-quality, inspiring TV commercials inviting people home to the Catholic Church. My favorite ministry work, however, is family life. My book on spiritual leadership, titled *Head & Heart*, is soon to be released by Emmaus Road Publishing.